

EDUCATIONAL

# SENIORS FAIR

INFORMATIVE

FREE FOOD, FUN, AND PRIZES!!

Saturday June 2<sup>nd</sup>, 2018 11am to 2pm



## Seniors Service Group



We're proud to present an educational and informative Seniors Fair which will bring together credible and business professionals dedicated to supporting seniors. 3 separate topics will be discussed:

### "Navigating Heart Disease: 5 Things You Must Know to Prevent and Reverse Heart Disease"

- Speaker: Diamond Fernandes, BSC, ACSM CES®, CSCS® certified by the American College of Sports Medicine
- Time: June 2<sup>nd</sup> 11:30 am to 12:00 pm

### "Writing Your Autobiography - Your Gift for Future Generations"

- Speaker: Al Del Degan, Founding Partner & Anthologist with Capturing Legacies Inc.
- Time: June 2<sup>nd</sup> 12:30 pm to 1:00 pm

### "Hearing Loss and Our Connection to the World"

- Speaker: Dr. Sarah Blenkhorn, Au.D. Doctor of Audiology R.Aud, Aud(C) President and Audiologist at Harp Hearing Care
- Time: June 2<sup>nd</sup> 1:30 pm to 2:00 pm

LOCATION: 10333 SOUTHPORT RD SW (EAST ENTRANCE)

REGISTER: [www.seniorsservicegroup.ca](http://www.seniorsservicegroup.ca)

Or Call (403) 879-9303

Space is Limited - Please RSVP

PARKING: FREE 2-HOUR PARKING ON SITE

**FREE Admission** to this event (Value \$10) with an RSVP and a Calgary Food Bank donation of any Non-Perishable item!!

